

## TRANGLE BALL

Students will need to be in 3 equal groups (red group, green group, yellow group).

- First time through, students will throw their ball at their color and catch their own ball. They will hand the ball to the next student in line. Repeat this a few times to get the students familiar with how hard and accurate they must throw the ball.
- Second time through, the student will throw the ball at the target and the rest of his/her team who are now spaced apart will try to catch the ball.
- The thrower must run and touch the designated and back to their poly spot while the rest of the team must catch the ball and toss it to each person on his or her team before the thrower returns home.
- A new thrower moves into the throwing position and the game begins again.
- REMIND STUDENTS IF THEY OVERTHROW THE TARGET THEY MUST GO GET THE BALL WITHOUT INTERFERING WITH THE OTHER GAMES.